

THE FIFTEEN-WEEK (FIVE-DAY) CYCLE OF PSALMS.

The EPIPHANY & LENTEN cycle begins on the Monday following the Feast of the Epiphany. The EASTER & PENTECOST cycle begins on the Monday following the fourth Sunday of Easter. (In 2003, May 11).

The ADVENT cycle begins on the week following September 9. (In 2003, September 15.)

The asterik (*) marks the Hallel psalm, or the verse of the psalm where the Hallel may be said to begin.

1 WEEK	MONDAY 24 119:1-16 101 *146	TUESDAY 76 68 *v.24 or *v.32	WEDNESDAY 3 139:1-18, 23- 62 *113	THURSDAY 104 *148	FRIDAY 65 86 56 *134
2 WEEK	MONDAY 93 15 119:17-32 128 *147:1-11	TUESDAY 105 *100	WEDNESDAY 63 17 21 *147:12-	THURSDAY 33 43 23 *116	FRIDAY 8 22 *47
3 WEEK	MONDAY 99 77 *66	TUESDAY 24 14 132 *146	WEDNESDAY 95 51 *103	THURSDAY 111 133 120 124 *135	FRIDAY 35 *72

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In the EPIPHANY & LENTEN cycle, Ash Wednesday may fall in any of the next six weeks. The week in which Ash Wednesday falls always becomes WEEK 10, and weeks 11-15 follow in order through Lent.

4 WEEK	MONDAY 1 73 *48	TUESDAY 108:1-6 137:1-6 60 126 127 *147:1-11	WEDNESDAY 107 *150	THURSDAY 19 139:1-18, 23- *65	FRIDAY 88 16 *145
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In the EASTER & PENTECOST cycle, the week of Pentecost, with its own Psalms (see last page), is interpolated here, and the cycle resumes with the week following Trinity Sunday being week 5.

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5 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11	29	8	27	110
	140	120	49	34	22
	119:33-48	52	*33	*46	*98
	*96	*72			
6 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	97	106	50	67	95
	12	*117	6	123	38
	119:49-64		*85	68:11-22	4
	*146			*114 & 115	*150
7 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	24	87	95	42	99
	143	59	58	84	130
	119:65-80	76	9	122	109:1-4, 20-
	*149	*96	*113	133	57
				*134	*100
8 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	64	54	121	91	144
	34	7	107 *v.31	4	22 *v..23
	*66	18:1-20		131	
		*117		*145	
9 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O Sapientia	97	5	100	112	29
	28	40	37	127	31
	119:81-96	23	*134	128	*147:12-
	*67	*47		45	
				*113	

In September, this will be the LAST WEEK intercalated before the ADVENT CYCLE, which begins in the following week at WEEK 1.

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In the EPIPHANY & LENTEN cycle, this is always the week in which Ash Wednesday falls and Lent begins. The weeks omitted up to this point are intercalated later.

10 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O Adonai	11	78	39	19	8
	141	*117	32	61	88
	119:97-112		*103	*136	30
	*147:1-11				*150

In the ADVENT cycle, Thanksgiving falls in one of the next two weeks. Whichever week it is, the psalms for Thanksgiving are ALWAYS those appointed for week 12. If Thanksgiving falls in week 11, switch the Thursday psalms for week 12 to fit Thanksgiving.

11 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O Rex	98	81	129	123	20
Gentium	119:113-128	80	10	131	142
	75	*46	82	138	22 *v. 23
	*67		*148	126	
				*114 & 115	
12 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O Emmanuel	24	125	90	104	2
	36	79	51	*68:24-	55
	119:129-144	*118	*85		*65
	*149				
13 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O Radix	93	89	13	27	29
Jesse	119:145-160	*47	94	121	41
	92		18:21-35	68:1-11	71
	*148		*117	*116	*100
14 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O Clavis	11	97	44	23	99
David	119:161-176	83	20	26	22
	112	2	*149	91	*147:12-
	*96	*67		*84	
15 WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
O Oriens	93	125	25	122	110
	74	102	130	16	69:1-22, 30-
	124	*85	*103	*136	*98
	*48				

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 At the conclusion of the EASTER & PENTECOST cycle, the weeks omitted from the EPIPHANY & LENTEN cycle are intercalated HERE before the ADVENT cycle begins.

HOLY WEEK THROUGH EASTER 4

HOLY WEEK	MONDAY 51 69:1-22; *v. 30-	TUESDAY 6 12 *94	WEDNESDAY 55 74	THURSDAY 102 142 143	FRIDAY 95 54 22 *v.23
1 EASTER	MONDAY 93 98 *66	TUESDAY 111 114 *103	WEDNESDAY 98 119:1-32 *147:12-20	THURSDAY 18 *114 & 115	FRIDAY 16 17 *134 & 135
2 EASTER	MONDAY 93	TUESDAY 111	WEDNESDAY 98	THURSDAY 18	FRIDAY 16